



LEWISTON CONSOLIDATED SCHOOLS

OCTOBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 GARLIC&BROWN SUGAR CHICKEN OVER RICE GLAZED CARROTS FRUIT&VEGGIES	2 HOT DOGS IN WG BUN CHIPS FRUIT&VEGGIES	3 CHICKEN SANDWICH BAKED TATER TOTS BAKED BEANS FRUIT&VEGGIES	4 HAM&TURKEY CHEESE KABOBS CHIPS FRUIT&VEGGIES
7 QUESADILLAS BEEF SALAD MIX FRUIT&VEGGIES	8 DORITO CHEESY CHICKEN CASSEROLE BREAD/STICKS FRUIT&VEGGIES	9 EARLY OUT PB&JELLY CHIPS FRUIT&VEGGIES	10 CHICKEN&POTATO RANCH POCKET SALAD MIX FRUIT&VEGGIES	11 HAM SANDWICH SACK LUNCH FRUIT&VEGGIES
14 EGG ROLL FRIED RICE FRUIT&VEGGIES	15 BISCUIT GRAVY CASSEROLE FRUIT&VEGGIES	16 KWIK DISH LASAGNA SALAD MIX FRUIT&VEGGIES	17 CHEESY MEATBALL BITS PASTA SALAD VEGGIES&FRUIT	18 TEXAS TOAST PIZZA SALAD MIX FRUIT&VEGGIES
21 TEX MEX NACHO'S SALAD MIX FRUIT&VEGGIES	22 CHICKEN NUGGET POTATO&CHEESE BOWL FRUIT&VEGGIES	23 RIB SANDWICH TATER TOTS BAKED BEANS FRUIT&VEGGIES	24 BURRITO'S SALSA SALAD MIX FRUIT&VEGGIES	25 HOME MADE LUNCH ABLES FRUIT&VEGGIES
28 QUESADILLAS CHICKEN&CHEESE SALAD MIX FRUIT&VEGGIES	29 MEATLOAF SCALLOPED POTATOES BREAD/BUTTER FRUIT&VEGGIES	30 TACO SOUP CORN CHIPS FRUIT&VEGGIES	31 SPAGHETTI O'S CASSEROLE GARLIC/BREAD FRUIT&VEGGIES	
This institution is an equal opportunity provider,"				

BREAKFAST

MONDAY-FRIDAY
CHOICE OF CEREALS, JUICES, YOGURT, FRUIT, AND HOT BREAKFAST
ITEM

**Milk served with all meals

**Menus subject to change