



Lewiston Consolidated School District Newsletter April 2015



~Counselor Connection~

By: Ms. Hermsmeier

Junior and Senior Information

Juniors and Seniors can pick up an updated scholarship list from the guidance bulletin board outside Ms. Hermsmeier's office. You can also visit my website for more information. The following scholarships are due:

- Lincoln Builders Bureau Scholarship -- due April 1
- Johnny Baxter Carriage House Foundation Scholarship -- due April 3
- Eastern Star Scholarship -- due April 10
- Nebraskans for Peace Scholarships -- due April 10
- Tri-County Board of Realtors Scholarship -- due April 15
- James M. Cox Scholarship -- due April 15

The next ACT dates are as follows:

June 13 -- Registration due May 8 -- Late Registration due May 22
Students can pick up an ACT preparation booklet from Ms. Hermsmeier's office. This booklet includes practice test questions as well as ACT testing strategies.

Elementary Guidance

In March, we talked about citizenship. Citizenship is doing your share to make your school and community better, being a good neighbor, obeying laws and rules, protecting the environment, and volunteering.

The lower elementary students learned of Kupa (from the Hawaiian for "citizen") the Bear. Kupa believes that we are all part of the same family and must do our share to help each other.

At the beginning of April, students will be selected by Lewiston staff to receive the awards for trustworthiness, respect, responsibility, fairness, caring and/or citizenship. Please check out the guidance website to see the students who are awarded.

* EMPLOYMENT OPPORTUNITY*

Lewiston Consolidated Schools is looking for a
Substitute Bus Driver.

(Salary is negotiable)

Interested individuals are encouraged to contact Rick Kentfield at (402) 865-4675 for information.

Important Dates to Remember

Fri., April 3-Mon., April 6 --
**NO SCHOOL (Easter
Vacation)**

Thursday, April 9 -- **No Pre-K**

Friday, April 10 -- **No Pre-K**

Saturday, April 11 --
Junior/Senior Prom

Friday, April 17 -- **Jr./Sr. High
Music Program @ 7 p.m in
North Gym**

Monday, April 20 --
12:30 Dismissal (No Pre-K)

Friday, April 24 -- **Lewiston
Pride Clean Up Day**

Thursday, April 30 -- **PreK-6
Music Program @ 7 p.m. in
North Gym**

Lewiston Consolidated School

Vision

Every Lewiston Student
Educated for **Success!**

Mission

Empowering students to
become confident and creative
builders of their future.

April 2015 Lunch Money Amounts

Full Breakfast	Pre-K to 6th Lunch	7th to 12th Lunch	Reduced Breakfast	Reduced Lunch	Snack Milk
\$30.00	\$45.00	\$55.00	\$6.00	\$8.00	\$8.00

2015 SPRING ACTIVITIES AND BANQUETS



Friday, April 17

Jr./Sr. High Spring Music Program

7:00 p.m. – north gym



Thursday, April 30

PK-6 Spring Music Program

7:00 p.m. – north gym

Friday, May 1

7-12 Athletic Banquet – north gym

6:30 p.m. – meal

7:00 p.m. – program

~Cost TBA~

Monday, May 4

FFA Banquet

6:30 p.m. – north gym



Thursday, May 7

7-12 Honors Night

7:00 p.m. – north gym



Sunday, May 10

Lewiston Class of 2015 Graduation

2:00 p.m. – north gym

Friday, May 15

Elementary Field Day

TBA

Monday, May 18

Elementary Field Day – Rain Date

TBA

Tuesday, May 19

Elementary Awards Ceremony

9:00 a.m. – north gym



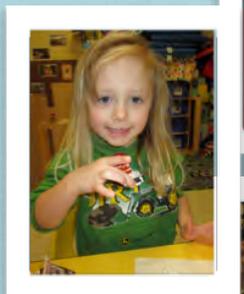
Dr. Seuss Week

by Ms. Kuhns

PreKindergarten 3

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In honor of Dr. Seuss' birthday (March 2nd), Pre-K3 spent the week of March 2nd-6th learning about the man who created such wonderful books as *The Cat in the Hat* and *Horton Hears a Who*. During the week, we read several Dr. Seuss books, practiced rhyming by matching pictures on green eggs, patterned using red and white, created "Oobleck," counted and sorted using colored Goldfish crackers, and made the color green for pretend green eggs and ham. For a nutrition lesson about *The Cat in the Hat*, students made their own "cat hats" by using Oreo Cookies, Gummy Lifesavers, and white frosting. Check out some of the fun you can do when working with Thing 1 and Thing 2!



(Right) Amy and Leah Christen pick out books at the "Ocean of Books" Family Literacy Night. (Left) Mr. Kentfield has fun posing with the green screen. Literacy Night had a successful turn out, with 120 people in attendance. The book fair was also a big success with the profits distributed as follows:

- *\$200 Family Literacy Night books
- *\$250 Library books
- *\$40 in books for each elementary classroom



Thanks everyone for your support!

Reading Classics

Division I Reading Classic team placed second at Pawnee City: Jaxon Janssen, Mikayla Woutzke, Ty Arena, Tristen Ray, and Leah Christen

Division II team placed first at Pawnee City: Jonathan Janssen, Hayden Christen, Taylor Anderson, and Masyn Arena

Division III team placed first at Pawnee City: Caleb Bredemeir, Hannah Rinne, Shaylyn Salts, and Reesa Wilcox

The Division II and III teams competed at the state competition in Utica March 28.



Division III



Division I



Division II



Home & School

Working Together for School Success

CONNECTION®

April 2015

Lewiston Consolidated Schools



SHORT NOTES

Stretch your memory

Try this on-the-go game to sharpen your child's memory. Pick something you see out the car window, and describe it using one adjective. ("Red barn.") Your youngster repeats your words and adds another object with a different adjective. ("Red barn, big bulldozer.") Keep going until someone can't remember the list.

Pretend play

Imaginary play boosts creativity and lets children practice adult roles. Offer props that inspire your child to pretend, such as old clothes and shoes for dressing up or a chalkboard and chalk to play school. You could suggest ideas that will spark her imagination, too. ("How would you teach your favorite subject?")

DID YOU KNOW?

Asthma leads to more school absences than any other chronic condition—and spring allergies can trigger attacks. If your child has asthma, talk to his doctor about ways he can stay healthy. You might help him keep a diary of attacks, with the date, time, and weather, and what he was doing beforehand. Together, look for patterns to identify triggers.

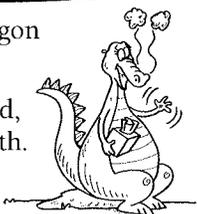
Worth quoting

"You cannot use up creativity. The more you use, the more you have."
Maya Angelou

JUST FOR FUN

Q: How did the dragon burn his hand?

A: When he sneezed, he covered his mouth.



Develop strong communication skills

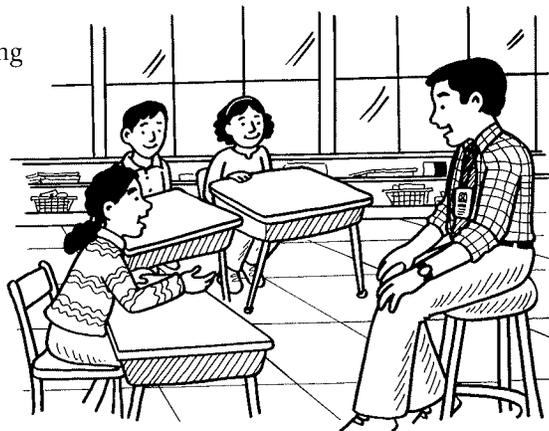
Whether your child is participating in a class discussion, chatting with a friend or relative, or answering a teacher's question, she'll need to be a good communicator. Here are strategies to try.

Get started

Good communicators know how to start a discussion and keep it going. Let your youngster ask you a yes-or-no question. ("Do you have a pet?") Then, tell her to pose an open-ended question—one that can't be answered with yes or no. ("Why do you think most people have dogs or cats rather than other pets?") She'll see how open-ended questions can lead to more interesting discussions.

Jump in

Your child can join a classroom discussion or everyday conversation by "piggy-backing." First, she should listen closely to what someone says. Then, she can build on it, adding her own ideas. For example, after a classmate speaks, she could say, "That's true. I was thinking..."



Or your child might restate in her own words what the person said and then share her idea or ask a follow-up question.

Explain reasoning

When your youngster expresses her thoughts, encourage her to back them up with facts or opinions. As she answers a teacher's question, she can refer to something she learned in class or read in a textbook to support her statement. If she's responding to a classmate during a discussion, she could say whether she agrees or disagrees and tell why.♥

Spring volunteering

It's not too late to be a parent volunteer! As the school year comes to a close, your youngster's teacher will appreciate a hand. Ask if she needs help with any of these tasks.

● Organizing or assisting with a class party.

You could email other parents, bring healthy snacks, plan games, or take photos.

● **Packing up the classroom.** The teacher may want someone to put books and supplies in boxes or to take down bulletin boards and other decorations.

● **Wrapping up projects.** There might be things you can do from home, such as binding student books or framing children's artwork.♥



Siblings who get along

Consider these two ideas for building bonds between your children. They'll gain friends for a lifetime—and life will be more pleasant for everyone now.

I. Be a team

Show your youngsters how much fun it can be to team up. Play board games in teams—kids vs. parents. Or consider getting a cooperative board game like *Race to the Treasure* or *Castle Panic*. You could also suggest that they collaborate on a project, such as building a birdhouse or creating a website.



2. Find common ground

Having shared hobbies gives siblings something to talk about and to do together. Notice activities that your children both like, and encourage them to enjoy them with each other. For instance, you might sign them up for cooking lessons, get

them new packages of trading cards to share, or send them out to play catch. *Tip:* Even though you might want to join in the fun, try to give them time alone to share their passions and build their relationship.♥

ACTIVITY CORNER

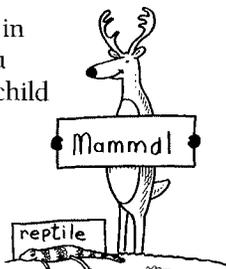


Explore nature

Observing the busy animals and blooming plant life during spring can help your youngster learn about and appreciate nature. Try these activities.

Classify animals.

Which creatures live in your area? When you spot one, have your child name it and say the category it belongs in. You may see frogs (amphibians), lizards (reptiles), robins (birds), deer (mammals), and butterflies (insects). Suggest that she draw and label pictures of the animals.



Chores: Good for everyone

Q: *I know it's a good idea to give children chores. But by the time I listen to my daughter complain and show her what to do, it seems easier just to do the work myself. Any advice?*

A: Chores are important because they teach responsibility and encourage your child to be a contributing member of the household. Initially, it may take extra time to have your daughter do chores, but once she gets into the habit, her help will save you time.

Start by giving her jobs that she can feel confident about, such as clearing the table after meals or watering plants.

Once the chores become part of her daily routine, assign more challenging ones like vacuuming the car or mopping the kitchen floor. You'll have fewer tasks on your list, and she'll become more responsible.♥



A reading challenge

By reading more complex books, your child can learn new words, facts, and ideas. He'll also be exposed to more complicated plots and will grow as a reader. Share these suggestions:

- Provide context. Knowing something about the topic or setting will make a tougher book easier to comprehend. If your youngster is reading a novel set in China, he could talk to someone who has been there or look up the country online (try a children's site like kids.nationalgeographic.com).

- Encourage your child to look at a simpler book on the same subject. A picture-book biography about Harriet Tubman may help your youngster better understand a textbook chapter on the civil rights movement, for instance.

- Suggest that your child read complicated material with pencil and paper in hand. He can jot down questions, words to look up, or facts he wants to learn more about.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
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www.rfeonline.com
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4/19/15 & 4/26/15

RENT A STUDENT ATHLETE

Why rake leaves, wash windows, remove dead weeds, clean the garage, vacuum the basement, pile wood, pick up garbage, paint, stain the deck, etc. yourself?!?!?

\$8 per hour per Athlete, or Donation

To schedule an appointment, or for more information call Coach Dutton (402) 865-4675 or email mdutton@lewistonschool.net.



FACS SPOTLIGHT

Child Development

JH Study Hall - students meet three times a week and use the 50 minutes to get ready for their day.

Home Living - meeting client's needs, field trip to Beatrice for information for final project

Senior Skills - finishing financial unit, moving into automobile and housing units

Foods 2 - desserts - cookies, cakes, pies, and desserts; a really fun unit

8th Grade Careers Class - Exploring STEM careers (Science, Tech, Engineering, Math)

Child Development class - developmental tasks of infants and toddlers, preschool children, and children to age 6.

Five students in the Child Development class experienced what it is like to be responsible for a newborn baby for three days and two nights.

Comments heard after the experience included:

- "I was thinking of having children by age 20, now I think I will wait until 27 or 28."*
- "I think I will wait until I am 50 to have children."*
- "Taking care of babies is a big responsibility."*
- "I am soooooo tired, I was up all night with my baby."*

This experience is to not discourage students from having children, but to help them realize they are not ready to assume that responsibility as a high school student.



March Bloodmobile

March LCS Events



Family Literacy Night



Kawasaki

April Events:

April 2: Easter Egg Hunt Pre-K through 1st grade

April 11: March Against Child Abuse



PTO NewsBLAST

Who can join?

Parents, Teachers, Grandmas,
Grandpas, Aunts, Uncles, *YOU!*

STAY IN THE KNOW WITH PTO!

Follow us on Facebook or email lcstigerpto@gmail.com to join the mailing list!

Special Dates:

Wisner-Pilger Donations	April 10
Skating Party 11am	April 18
PTO Meeting 7pm	April 20
Appreciation Breakfast	May 6

SKATING PARTY!

Join us for a fun filled day at the Beatrice Rolla Rena! PTO sponsored event April 18th 11am-1pm! Hope to see you all there!

We want to HELP!

The PTO would like to host a donation collection to help Wisner-Pilger Middle School build back their library. The school lost more than 2700 books during the tornado last June. If you would like to contribute a monetary donation, please make checks payable to Lewiston PTO and send to the school office by **April 10th**. We will be sending in one donation from our school. Thank you for your support!

KEEP SAVING!

We have collected more than \$35,000 in receipts—Goal is \$150,000!

Way to GO!



Teacher Appreciation Week!

May 4th—8th—Don't forget to **"SAY THANKS"** to all our wonderful teachers and staff for all they do! PTO will be sponsoring an appreciation breakfast for all Staff on May 6th.

JOIN us!

Meetings have been moved to the third Monday of every month at 7:00pm. Please join us!

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." ~Margaret Mea



FFA NEWS



Lewiston Students Move into Greenhouse

Students at Lewiston School are enjoying the new opportunities in the district greenhouse. The new facility is filling up with flowers and bedding plants.

The greenhouse was completed in December and the agriculture education students added finishing touches this winter. Horticulture students potted, pinched, watered and fertilized geraniums the first week in March. Vegetables will be started soon. Several science department students have started science fair projects in the structure.

Lewiston cooperates with 25 other Nebraska Agriculture Education departments to purchase greenhouse supplies in bulk. Stuart's Flowers & Produce in Central City, NE is the outlet. The vegetable plants will be offered for sale to the public. The geraniums will be used at school landscaping projects and then offered to the public.

The new greenhouse is automated to heat and ventilate. A sunshade cloth is placed on the structure in mid May. Recently on a sunny day the temperature was 4 degrees outside and 88 degrees in the house. The house is 22' x 30'.

Ag Education Instructor Dave Barnard said, "It was a great way to bring hands-on education to our school. This year will be a learning experience for everyone. There are different eco-environments in a greenhouse." Plans to involve the elementary students are in the works.



Ag Education Students Compete

Twenty-four students, enrolled in agriculture education classes at Lewiston Consolidated Schools, competed in the District 1 Career Development Events on March 3rd. The students participated in ten events hosted by Southeast Community College-Beatrice. Many of the contests were state qualifying events. State competitions will be held at SCC-Lincoln, UN-L's East Campus and Pinnacle Bank Arena in Lincoln April 8-10th.

Most of the contests consisted of written exams, lab practicums, identification areas and a team problem.

Contests highlights for Lewiston included the Livestock Management Team of Karen Keyes, Dalton Anderson, Brooke Wehrbein, Cari Howell, and Ryan Husa qualifying for state.

The Ag Mechanics team led by Richard Kendall's first place individual placing qualified for state. Team members were Kendall, Ryan Husa, Dillon Richards, and Tyler Keyes.

The Environthon Team of Dalton Anderson, Megan Wehrbein, Nick Seeman, Cari Howell, and Cydney Howell placed first in the District 1 schools.

Other students competing for Lewiston were Sophie Pyle, Dakota Pyle, Stacey Sisco, Brittany Morris, Trevor Husa, Miah Fulton, Nick Nyberg, Brandon Zimmerman, Austin Zyla, Teagan Gydesen, Devan Rule, and Brianna Barker. Their contests included Food Science, Ag Science, Vet Science, Agronomy, Welding, Biotech, Nursery & Landscaping, and Natural Resources.



FFA NEWS



Lewiston Chapter Celebrates FFA Week

The Lewiston FFA Chapter concluded their observance of National FFA Week with an Appreciation Breakfast for teachers, staff, administration and School Board members Friday morning. The activity was held in the Ag Education Dept. with the members serving a ham and pancake meal.

Each day of the week had a special theme. Monday was AG Cap day, Tuesday was "Cowboy Up" day, Wednesday was official FFA dress day, and Thursday was Ag t-shirt day. The Chapter also held a livestock tool identification contest on Tuesday.

An Ag Olympics was conducted each morning. Six organizations competed in teams of two. A different event was held each day. The LCS Club won Monday's Farmers Relay. On Tuesday the Boys Basketball team finished first in bale stacking. The Student Council claimed the goat milking competition championship on Wed. Thursday's winner was Girls Basketball in the cheese ball toss. In this event, the tosser's partner had to catch the cheese ball with their head that was covered in whipped cream.

The final standing showed the Boys Basketball team in first with LCS as runner-up. Contestants on the first place teams received caps each day.

Three officers spoke at the Thursday noon Farmers Coop meeting in Virginia on fertilizer importance. This was part of a continuing program the FFA has put together called, "Fertilizer-Helping Fill Your Plate." The project is in cooperation with the Nutrients For Life organization. The membership has designed and printed promotional placemats for the project. They were being used during FFA Week at two area restaurants, at the regional Cooperative Extension cover crop meeting on Monday in Beatrice, at the Virginia meeting, and at the faculty breakfast.

Other projects this semester regarding "Fertilizer-Helping Fill Your Plate" are elementary education and the construction of an educational booth. The members have worked with the Gage Co. Extension Service in a free bagged manure give-a-way also.





FFA NEWS



Lewiston FFA Promotes Fertilizers

The Lewiston FFA Chapter has been promoting the safe and necessary use of fertilizers this semester. The members have named their project, "Fertilizers- Helping to Fill Your Plate."

The program is initiated by the Nebraska FFA Association and works with the Nutrients for Life Foundation. Nutrients for Life is a school curriculum that educates the need for world food. Correct use of fertilizer is one way of meeting the world's growing population food demands. The American food and fiber system will be looked to for more supply.

Lewiston FFA is one of nine chapters in the state that will be recognized at the 2015 Nebraska FFA Convention in April. The members developed a series of activities promoting the project. This will be an on-going effort this year.

Some of the projects the Chapter has developed include a wooden fertilizer promotion booth for public display. Some of the themes used for this include organic vs. natural, N-P-K, and animal manure. Another popular activity was designing and printing promotional placemats. So far 500 placemats have been used at extension service and Farmers Co-op meetings, school functions, and at two local eating establishments.

A third project was a 2-6-grade education emphasis. The Chapter secured grade appropriate booklets for Lewiston elementary students. The elementary teachers have assisted in incorporating them in science classes. The members have also been involved in addressing area meetings with their fertilizer message. They have researched and wrote promotions. The new Lewiston school greenhouse is providing soil and fertilizer opportunities. Several students are using the greenhouse for science experiments.

A unique project is promoting nature manure for home composting and gardening. The members have bagged 15 pound sacks of separated dairy manure for free give away to the public. These can be picked up at the Gage Co. Extension Service in Beatrice. The Chapter will soon have sacks available in Lewiston. More projects involving fertilizer use are planned.





FFA NEWS



“Flat Stanley” Comes to Lewiston Schools

The Lewiston FFA Chapter recently conducted an agriculture literacy project at Lewiston Schools. The school-wide project involved pre-K to seniors! The project was called, “Flat Stanley”.

The FFA realized many of the students at Lewiston are one and two generations removed from a production agriculture setting. “Flat Stanley” was a 9” tall paper man who visited all sorts of agriculture adventures. Many of the teachers encouraged their students to participate and some teachers used the project for writing assignments.

Faculty, parents, and students could participate in various ways. The first option was to write and submit a 50-word report of their Flat Stanley’s visit to a production agriculture or agri-business settings. The second option was to take a picture of Flat Stanley at an agriculture place. Both options were forwarded to Ag Education Instructor Dave Barnard. Several students constructed picture collages and dioramas of Stanley’s Ag adventures. Stanley showed up in livestock pens, in tractors, in engines, on grain bins, in grocery stores, and agri-businesses.

Mrs. Sisco’s art students helped construct a life-size Flat Stanley. Several “selfies” were taken with Stanley. The FFA Chapter is planning to forward some of the entries to the Dept. of Agriculture for National Ag Day in March. Entries are being recognized for creativity and unique agriculture surroundings. Chapter President Brooke Wehrbein commented that it was a total school project, a lot of fun and provided a way to spread the agriculture message.



“Flat Stanley” Best of Show Announced

Thank you to all Pre-K3 to Seniors who participated in the Lewiston FFA “Flat Stanley” agriculture literacy project. The Chapter received outstanding narrations, special projects and pictures. Special recognition and congratulations go out to the following individuals in four categories.

SPECIAL PROJECTS

- Santino Moreno, 2nd grade
- Ethan Peck, Pre-K3
- Harmoni Moreno, 4th grade
- Tyson Cerveny, Kindergarten
- Delanye Currie, 2nd grade

BEST DRESSED

- Mrs. Sisco, Faculty
- Mrs. Little, Faculty
- Hannah Thomsen, 8th grade
- Stormie Mohr, 11th grade
- Shaylyn Salts, 7th grade
- Skyler Salts, 10th grade

BEST PICTURE SUBMITTED

- Justice Currie, Kindergarten
- Ethan Cerveny, Kindergarten
- Taylor Anderson, 6th grade
- Kierstin Rehms, 2nd grade
- Colter Steinacher, PreK4

BEST NARRATION

- Miss Kuhns, Faculty
- Dru Breeden, Kindergarten
- Cadi Rivera, 3rd grade
- Cashton Steinacher, Kindergarten
- Elijah Bredemeier, 2nd grade
- Masyn Arena, 6th grade



NOMINATE YOUR SCHOOL DISTRICT TO APPLY FOR AN AMERICA'S FARMERS GROW RURAL EDUCATION GRANT

Mr. Mrs. Ms.

* indicates required fields

FIRST NAME* LAST NAME*

ADDRESS*

CITY*

STATE* ZIP CODE*

COUNTY*

PHONE* CELL*

EMAIL*

Which public school district would you like to nominate?

Name*: _____

School Contact Person (if known):

Name: _____

E-mail: _____

How did you hear about the America's Farmers Grow Rural Education program?

- Email/Internet
- Local Newspaper/ Radio
- Trade Show
- Seed Dealer or Monsanto Employee
- School District
- Other
- Ag/Commodity Group
- Postcard

I am 21 or older and actively farming a minimum of 250 acres of corn, soybeans and/or cotton, and/or 40 acres of open field vegetables, or at least 10 acres of vegetables grown in protected culture.

I am not a seed dealer or spouse of a seed dealer.

Signature _____

Please complete all required registration information. Dealers are not eligible to apply.

Please apply online at GrowRuralEducation.com or send this application to Grow Rural Education, 914 Spruce St., St. Louis, MO 63102 or fax it to 314.726.6350. To obtain Official Rules, please visit GrowRuralEducation.com or send a self-addressed stamped envelope to the above address.

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April



2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
					--NO SCHOOL -- Easter vacation	
5 	6 --NO SCHOOL -- Easter vacation	7 --HS Track at JCC Invite 9:30 am	8 --Lewiston Golf Invite at Hidden Acres 9 am --State FFA Convention	9 --NO Pre-K Classes --JH Track at HTRS Invite at Pawnee City 10 am --State FFA Convention 	10 --NO Pre-K Classes --State FFA Convention	11 --Prom 2015 
12	13 --School Board Meeting 8 pm	14 --HS Track at Lewiston Invite at Pawnee City 9:30 am --HS Golf at HTRS Invite	15 	16 --JH Track at Pawnee City Invite 10 am	17 --Jr./Sr. High Music Program in north gym 7 pm 	18 --ACT Test Date --JH Track at MUDECAS Invite at JCC 9 am
19	20 --12:30 Dismissal -- NO Pre-K ONLY --JH Quiz Bowl at MUDECAS at Lewiston	21 --HS Track at FCSH Invite at Syracuse 9:30 am	22 	23 --District Music at JCC 	24 --Arbor Day --Pride Day	25 --HS Track at MUDECAS Invite at Pawnee City 9 am
26	27 --Air Force Band Performance in north gym 10 am 	28 --HS Track at Pawnee City Invite 3 pm	29 --HS Golf at Palmyra Invite 8:30 am --JH Track at Lewiston Invite at Pawnee City 9:30 am	30 --PK-6 Music Program in north gym 7 pm 	May 1 --7-12 Athletic Banquet in north gym - meal at 6:30 pm / program at 7:00 pm	May 2 --HS Track at Pioneer Conf. Meet at Auburn 9 am

LEWISTON CONSOLIDATED SCHOOLS

APRIL 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 SLOPPY JO ON WG BUN CHIPS VEGETABLES/FRUIT COOKIES	2 CHEESE & CHICKEN QUESADILLA SALAD MIX VEGETABLES/FRUIT	3 NO SCHOOL 
6 NO SCHOOL 	7 SAUSAGE GRAVY OVER BISCUIT VEGETABLES/FRUIT CAKE	8 CHICKEN SANDWICH / WG BUN BAKED BEANS VEGETABLES/FRUIT	9 CHICKEN FAJITA RICE VEGETABLES/FRUIT COOKIE	10 WALKING TACO BAKED FRIES VEGETABLES/FRUIT
13 CHICKEN ALFREDO W/TWIST SALAD MIX VEGETABLES/FRUIT	14 BREADED PORK IN WG BUN BAKED BEANS VEGETABLES/FRUIT	15 CHICKEN NUGGETS POTATOES/GRAVY VEGETABLES/FRUIT MUFFIN	16 NACHOS MEAT/CHEESE SAUCE VEGETABLES/FRUIT DONUTS	17 BBQ PORK ON WG BUN DORITOS VEGETABLES/FRUIT COOKIES
20 TACO SALAD BAKED FRIES VEGETABLES/FRIES	21 RIB SANDWICH IN WG BUN SALAD MIX VEGETABLES/FRUIT	22 CHICKEN STRIPS POTATOES/GRAVY VEGETABLES/FRUIT	23 CHEESE/PEPPERONI CALZONE SALAD MIX VEGETABLES/FRUIT	24 HAMBURGER ON WG BUN CHIPS VEGETABLES/FRUIT
27 CHICKEN GRAVY OVER BISCUIT VEGETABLES/FRUIT	28 GOULASH MEAT SAUCE SALAD MIX VEGETABLES/FRUIT	29 MEATBALL SUB BAKED FRIES VEGETABLES/FRUIT	30 HOT DOG IN WG BUN SUN CHIPS VEGETABLES/FRUIT	

BREAKFAST

MONDAY-FRIDAY

CHOICE OF CEREALS, JUICES, YOGURT, FRUIT, AND HOT BREAKFAST ITEM

**Milk served with all meals

**Menus subject to change

LEWISTON CONSOLIDATED SCHOOL
County of Pawnee School District #69
306 Tiger Avenue
Lewiston, NE 68380
402-865-4675

NON-PROFIT ORG
US POSTAGE
PAID
LINCOLN, NE
PERMIT 1359

APRIL

SPORTS PHYSICALS



WHEN: Tuesday, May 12 at 8:30 a.m.

WHERE: Lewiston School

WHO: All students grades 5-11

COST: \$10 (check made payable to Pawnee Co. Rural Heath) or \$10 cash

Please bring money, completed physical form (available in the office) and glasses or contacts.